

### Saint Cecilia's School Lunch Menu March 2010

The cost to receive Hot Lunch is \$2.00 per day.

Name \_\_\_\_\_

Grade \_\_\_\_\_

Please circle the date for the meal you have chosen		Total \$\$\$		Due Date																								
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY																								
Chicken Nuggets with whole wheat bread or Chicken Caesar Salad Plate  Oven Baked Tater Tots Baby Carrots / Dip  1	Chicken Patty on a whole wheat roll or Chicken Caesar Salad Plate  Chilled Fruit Fresh raw veggies w/ dip  2	Pasta and Meatballs with a whole wheat roll or Chicken Caesar Salad Plate  Spinach Salad w/ FF Dressing Fresh Fruit  3	Chicken Noodle Soup with a Turkey and Cheese Sandwich or Chicken Caesar Salad Plate  Gold fish pretzels Chilled Fruit  4	Cheese Pizza or Tuna Salad Plate  Tossed Salad with Fat Free Dressing Giant Gold Fish Cracker  5	Pop Corn Chicken with whole wheat Bread or Chef Salad Plate  Oven Roasted Potatoes Chilled Fruit  8	Cheesy Bread Sticks with Marinara and pepperoni or Chef Salad Plate  Steamed Green Beans Chilled fruit  9	Hot dog on a roll or Chef Salad Plate  Baked Beans Chilled Fruit  10	Chicken Patty on a Whole wheat roll or Chef Salad Plate  Fresh raw veggies w/ dip Bag of Chips Chilled Fruit  11	Cheese Pizza or Tuna Salad Plate  Steamed Carrots Fresh Fruit  12	Chicken Nuggets with whole wheat bread or Chicken BLT Salad Plate  Gold fish crackers Fresh Fruit  15	Chicken Patty on a whole wheat roll or Chicken BLT Salad Plate  Roasted Potatoes Chilled Fruit  16	Pepperoni and Cheese Calzone or Chicken BLT Salad Plate  Fresh Fruit Chocolate Gold Fish Steamed Corn  17	Hamburger with or without Cheese or Chicken BLT Salad Plate  Bag of Chips Chilled Fruit  18	Cheese Pizza or Tuna Salad Plate  Raw vegetables w/ Fat Free Dip Chilled Fruit  19	Chicken Patty on whole wheat roll or Turkey and Cheese Salad Plate  Tossed Salad w/ Fat Free Dressing Chilled Fruit  25	Cheese Pizza or Tuna Salad Plate  Bag of Pretzels Fresh Fruit  26	Beefy nacho's with toppings or Turkey and Cheese Salad Plate  Red beans and rice Carrot sticks w/ FF dressing  23	Hot Dog on a Whole Wheat Roll or Turkey and Cheese Salad Plate  Baked Beans Fresh fruit  24	Double Waffles with Sausage and maple syrup or Chef Salad Plate  Oven Baked Tater Tots Fresh fruit  31	Chicken Nuggets with whole wheat bread or Chef Salad Plate  Raw vegetables w/ Fat Free Dip Chilled Fruit  29	Chicken Patty on whole wheat roll or Chef Salad Plate  Bag of gold fish crackers Carrot sticks w/ FF dressing  30	NO SCHOOL Professional Day  22	Beefy nacho's with toppings or Turkey and Cheese Salad Plate  Red beans and rice Carrot sticks w/ FF dressing  23	Hot Dog on a Whole Wheat Roll or Turkey and Cheese Salad Plate  Baked Beans Fresh fruit  24	Chicken Patty on whole wheat roll or Turkey and Cheese Salad Plate  Tossed Salad w/ Fat Free Dressing Chilled Fruit  25	Cheese Pizza or Tuna Salad Plate  Raw vegetables w/ Fat Free Dip Chilled Fruit  19	Chicken Patty on whole wheat roll or Turkey and Cheese Salad Plate  Tossed Salad w/ Fat Free Dressing Chilled Fruit  25	Cheese Pizza or Tuna Salad Plate  Bag of Pretzels Fresh Fruit  26

**The Price Per Meal is \$2.00**

Please circle either

**The Main Meal or The Salad**

**Order forms must be returned to the school office no later than February 23, 2010**

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Name \_\_\_\_\_ Grade \_\_\_\_\_

Please circle the date for the meal you have chosen		Total \$\$		Due Date	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Number of Days		Number of Days		Number of Days	
1	2	3	4	5	5
Chicken Nuggets with whole wheat bread or Chicken Caesar Salad Plate  Oven Baked Tater Tots Baby Carrots / Dip	Chicken Patty on a whole wheat roll or Chicken Caesar Salad Plate  Chilled Fruit Fresh raw veggies w/ dip	Pasta and Meatballs with a whole wheat roll or Chicken Caesar Salad Plate  Spinach Salad w/ FF Dressing Fresh Fruit	Chicken Noodle Soup with a Turkey and Cheese Sandwich or Chicken Caesar Salad Plate  Gold fish pretzels Chilled Fruit	Cheese Pizza or Tuna Salad Plate  Tossed Salad with Fat Free Dressing Giant Gold Fish Cracker	
8	9	10	11	12	12
Pop Corn Chicken with whole wheat Bread or Chef Salad Plate  Oven Roasted Potatoes Chilled Fruit	Cheesy Bread Sticks with Marinara and pepperoni or Chef Salad Plate  Steamed Green Beans Chilled fruit	Hot dog on a roll or Chef Salad Plate  Baked Beans Chilled Fruit	Chicken Patty on a Whole wheat roll or Chef Salad Plate  Fresh raw veggies w/ dip Bag of Chips Chilled Fruit	Cheese Pizza or Tuna Salad Plate  Steamed Carrots Fresh Fruit	
15	16	17	18	19	19
Chicken Nuggets with whole wheat bread or Chicken BLT Salad Plate  Gold fish crackers Fresh Fruit	Chicken Patty on a whole wheat roll or Chicken BLT Salad Plate  Roasted Potatoes Chilled Fruit	Pepperoni and Cheese Calzone or Chicken BLT Salad Plate  Fresh Fruit Chocolate Gold Fish Steamed Corn	Hamburger with or without Cheese or Chicken BLT Salad Plate  Bag of Chips Chilled Fruit	Cheese Pizza or Tuna Salad Plate  Raw vegetables w/ Fat Free Dip Chilled Fruit	
22	23	24	25	26	26
<b>NO SCHOOL</b> Professional Day	Beefy nacho's with toppings or Turkey and Cheese Salad Plate  Red beans and rice Carrot sticks w/ FF dressing	Hot Dog on a Whole Wheat Roll or Turkey and Cheese Salad Plate  Baked Beans Fresh fruit	Chicken Patty on whole wheat roll or Turkey and Cheese Salad Plate  Tossed Salad w/ Fat Free Dressing Chilled Fruit	Cheese Pizza or Tuna Salad Plate  Bag of Pretzels Fresh Fruit	
29	30	31			
Chicken Nuggets with whole wheat bread or Chef Salad Plate  Raw vegetables w/ Fat Free Dip Chilled Fruit	Chicken Patty on whole wheat roll or Chef Salad Plate  Bag of gold fish crackers Carrot sticks w/ FF dressing	Double Waffles with Sausage and maple syrup or Chef Salad Plate  Oven Baked Tater Tots Fresh fruit			

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